**COMMUNITY DEVELOPMENT OVERVIEW**

The purpose of this Community Development Program is to enable your local community to create a cohesive self-help program that will empower the individuals within the Community towards a better and healthier lifestyle.

To do this we have created a set of training modules to assist you in the creation of such a community.

In creating these modules, we acknowledge the foundational work of Frank Tesoriero from University of Adelaide in his book entitled; ***“Community Development: Community-based Alternatives in an Age of Globilisation”.*** (Pearson Australia, 2010 )

These modules should be done one at a time with a series of action steps between each one to create a successful and prosperous community.

**Modules 1 and 2** provide essential context and understanding for the potential Facilitator(s) so they can undertake the process successfully.

**Module 3** explains the tool that the Facilitator will use to engage the community and collect their feedback.

**Module 4,5, 6 and 7** provide a framework for assisting the Facilitator to coordinate the development of a plan, and the development and implementation of an action strategy.

We trust you will find this document helpful as you commence the important role of community development.